



**Marvellous Milestones
Morning Tea**

**Gin Gin Neighbourhood Centre
Community Care Newsletter
October – November 2024**



Gin Gin Neighbourhood Centre

Message from the Team:

The Neighbourhood Centre has been a buzzing hive with changes happening within the staffing. Imogen is the new crafter in residence and has developed new craft ideas for the Monday morning Crafts, so come on in and see what is happening and say hello to fellow craft lovers.

September has been a busy month with the Neighbourhood Centre hosting the first Marvellous Milestones Morning tea. We catered for 45 guests, as well as Mayor Blackburn and Counsellor Keslake. The morning was filled with chatter, laughter, and good food. As they say, good food and good company, what else can you ask for.

We held a street stall for R U OK day, and had lots of people stopping by and having a cupcake. Connections and a sense of community was high on the agenda.

Remember you are never alone, if you need support or assistance pop on in, there is a team member to help in any situation.

October has us hosting the Seniors Expo and Mental Health Week so keep an eye out for what is being on offer.

For more information you can give us a call, check out our Facebook page, keep an eye on the Highway Notice boards, or pop on in and have a chat.

Life is full of changes and opportunities to pause and reflect, but it can help us grow in ways we never imagined.

On that note, we've said goodbye to Jen who has now left her role at the Hub. We wish her all the best for the future and are grateful for her contribution to our Neighbourhood Centre Team and the local community.



HUB CLOSED—Kings Birthday Public Holiday—Monday 7 October

For any emergencies please call Council's Call Centre on 1300 883 699

Staff in the Spotlight— Mel



Hello, most of you probably know me as Ambo Mel, well I am now the new Community Development Officer at the Hub. I love this community and I am excited to be involved in the services the Neighbourhood Centre provides. I used to be the crafter in residence, so I have been volunteering at the Hub for a while, so I am very passionate about all things community and Gin Gin. Pop on in, say hello, and see what the Neighbourhood Centre has to offer. A bonus is that I am a Justice of the Peace Qualified, and will be at the Hub Monday to Friday.

Branch Manager Community Services:

Kirstin Harrison

Neighbourhood Centre Community Development Officer:

Melissa Bayntun

Neighbourhood Centre Support Officers:

Amber Larsen & Miranda Card

Community Connect Worker:

Fiona McLean

Child & Family Support Officers:

Jodie Goodwin & Kim McDonald

Community Services Trainee:

Maya Sylvan

Funded by



What's Coming Up?

Mental Health Week 5–11 October

Gin Gin Neighbourhood Centre will be having a stall at our local market held on Saturdays. Stop by and say hello as we will be having some fun activities and information for around mental wellness and wellbeing on Saturday, 5 October.

Seniors Expo 17 October

Come along to the Gin Gin Neighbourhood Centre and visit the 2024 Seniors Expo. Local providers will be coming along to show what services they have to offer to the Gin Gin community.

Be Active Be Alive is back!

Don't forget to pop into the Gin Gin Community Hub or visit the Bundaberg Regional Council website to grab the new Be Active Be Alive program for Monday 7 October—Sunday 15 December

What's Been Happening?

Marvellous Milestones Morning Tea

On 19 September we held our first ever Marvellous Milestone Morning Tea, and it was... MARVELLOUS! This morning tea was to celebrate the nonagenarians of our community, of which we have many! A big thank you to all those who were involved in this special day and thank you to Mayor Blackburn and Councillor Keslake for celebrating with us. More photos on the front page.



PCYC Youth Boxing Event

It was noticed the Youth were conducting their own fight club, so we collaborated with the Bundaberg PCYC to conduct a Drop-In Boxing session during the first week of the school holidays. The Emergency Cadets came on board offering their time to cook the sausage sizzle. Donations were sought from Kuskey Country Meats, Gin Gin Cornetts IGA and an anonymous community member kindly donated the supplies for the free sausage sizzle. The participants had a great time learning boxing skills and testing their fitness. It is hopefully going to become a regular event during the school holidays. Things are still in motion but please help support such a great youth activity when you see it being advertised through the Gin Gin Neighbourhood socials.



R U Ok? Day

R U Ok? Day was a great opportunity for our team to have some conversations with the people of Gin Gin. A BIG thank you to those who came down, said hello and grabbed a yummy cupcake.



Free Social Programs, Projects and Events—New members welcome!



Imogen's Crafter in Residence Workshops Craft & Chat

Where: Gin Gin Community Hub
Time: 9am–11:30am
October 21—Mosaic Mirrors
November: 4—Build a Terrarium
18—Punch Needle Tote Bag



Craft & Chat Group

When: Every Monday
Time: 9–11.30am
Where: Gin Gin Community Hub
BYO projects or use some of the craft items available



Balanced Bodies Pilates

When: Every Wednesday (Check Calendar)
Time: 1.45–2.45pm
Contact: 0490 313 686
Where: Gin Gin Youth Activity Centre
BYO Mat, towel & water bottle



Cards 'n All

When: Mon 1–4pm Tues 8.30–11.30am
Where: Gin Gin Community Hub

Mahjong

When: Mon 9–11am
Where: Gin Gin Community Hub



Tai Chi For Health

When: Every Monday
Time: 9.30–11.30am
Where: Gin Gin Youth Activity Centre



Makerspace Workshops

Watercolour Workshops

When: Every Tuesday
Adults Only 10–12.00pm

Learn to Draw

When: Every Friday 9.30–11.30am
Where: Gin Gin Community Hub

Child and Family Support

Hi everybody. Welcome to another edition of our Community Newsletter. I hope the school holidays have been kind to you all and you have enjoyed the break. We have a number of activities coming up in the program so please keep an eye on the Gin Gin Neighbourhood Facebook page. We are having a dental visit in October and then in November we are having a First Aid Workshop for families to gain some important first aid tips. And then December will see us come to the end of another year. We only have a few more playgroups left of this year. This year has certainly flown by super fast. There has been some focus on Prep transitions recently. Gin Gin Kindy is having their Open Day on October 9. If your child has turned 4 between 1 July 2024 and 30 June 2025, this would be ideal for those families who intend on enrolling their child into a Kindergarten Program.

Galaxy Jars—School Holiday Activity

Over the school holidays, children came along and had the opportunity to create their unique Galaxy Jar. Galaxy Jars are known to be relaxing and quite enjoyable for children. Parents were also enjoying the experience as they assisted their children to balance the process of water, paint, colour, glitter, cotton wool. How great do the end results look? This activity can be done

at home using an old jar. If you would like instructions on how you can make one, please give Jodie a call at the HUB.



Gin Gin Child and Family Support facilitates Early Years playgroups each fortnight on a Wednesday (during school terms), from 9.30 am –11.30 am at the Gin Gin Community Hub. Families with children 0–5 years are welcome to attend and morning tea is provided. Please bring a water bottle and spare clothes for messy play.

Child and Family Support

Early Years Playgroups

Playgroups have been super busy over the past few weeks. To support children's problem solving, basic mathematic skills as well as cause and effect, we have been including some simple cooking experiences with them. Children needed the support of their parents to execute the activities but it was an enjoyable experience for all.

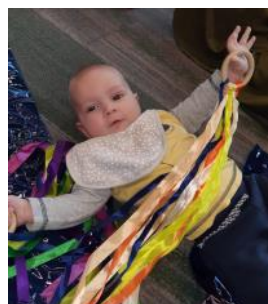


Let's Play Together Playgroup

It's been fun for the little ones attending our Let's Play Together monthly playgroups. We've been sharing ideas on how to keep baby entertained as well as babies

enjoying tummy time. Babies learn with sensory play and the simple things are fun too Here are some photos on what's been happening.

Let's Play Together is held on the second Thursday of each month for families with babies aged up to 18 months.



Gin Gin Library

Chess Club **NEW!**

Come into the Library to play some chess. Beginners welcome! For all ages.

Date: every Tuesday **Time:** 1–3pm



Book club

In October, we'll be reading *Khaki Town* by Judy Nunn and discussing it on 28 October. Pick up a book from the library to be involved.

Date: Last Monday of month **Time:** 12.30pm

Lego Club

Get together with others and create! Try one of the new Lego challenges. All Lego is provided. For all ages.

Date: every Thursday **Time:** 9.30–11.30am



Kids' Book Club

Get together with other book lovers, share your book experiences and do fun activities!

Date: 1st Thursday of month (excl. public & school holidays) **Time:** 3.15 - 4.15pm

Story Play

Date: Mondays (excl. public & school holidays) **Time:** 9.30am

Visit the library for stories, rhymes, songs and plenty of fun!

Story Play is designed for children aged 0 - 5 years and their guardians.



Snappy & Toothy's birthday celebration

You are invited to celebrate Snappy and Toothy's birthday and the hatching of the new Reading Egg! There will be free, fun and engaging activities for children aged 0–8 years and their families. We will sing happy birthday and the Reading Egg will hatch at 10am. Bring hat, water and sunscreen. **Location:** Gin Gin State School

Date: Friday 25 October **Time:** 9–11.30am

Book in for events: Library counter or Phone 4130 4620

Gin Gin Library Coordinator: Sharon Millett
Library Assistant: Szilvia Aranyi, Roselyn Hunting
Library Volunteers: Jordan Levin, Ben Hicks





Spring school holiday fun



Library closure

The Library will close for the King's Birthday holiday on Monday 7 October and re-open on Tuesday 8 October.

Book in for events: Library counter or Phone 4130 4620

Gin Gin Library Coordinator: Sharon Millett

Library Assistant: Szilvia Aranyi, Roselyn Hunting



Kolan Community Options

Safety is really important to us

Our staff and client safety is really important to us. Every day, home care workers encounter several health and safety dangers. In order to fulfill their obligation to give care and support, they must manage risks such as everyday dangers (falls and slips), infections, and stress. Through the Home and Community Care services Council is responsible for ensuring clients have the best care and support possible and that staff can do this in the safest way possible.

This is where we need your help

If someone in your household has not been feeling well and has a cold or flu and you think it is not the best time for staff to come for your service just give us a call and we can arrange a better time.

Often families are undergoing treatments such as chemotherapy, addressing infections or other medical episodes. It is important we are aware of these situations so we can make sure we put precautions in place to look after client and their families as well as care workers. There are measures that need to take place when managing a household that is undergoing various treatments, by sharing this information with us we can ensure the care workers can take proactive measures to address these issues. Staff have personal protective gear available for example, if someone in your household is undergoing chemotherapy it is essential they wear PPE. If we know before hand, we can ensure everyone is always safe and well.

Thank you for helping us keep everyone safe



Brain Teasers

	6	5		7				
2	7					5	9	
				5	1	2		7
7	1	2				3	8	6
6			8		3			
3								
5		7		8			3	4
				3		9		
	3				6	7	1	

Sudoku.com

1. First I am dried, then I am wet. The longer I swim, the more taste you get. What am I?
2. What is special about these words: job, polish, herb?
3. What do you throw out when you want to use it but take in when you don't want to use it?

ANSWERS:

1. A tea bag.
2. They are pronounced differently when the first letter is capitalized.
1. An anchor.

9	6	5	3	7	2	8	4	1
2	7	1	4	6	8	5	9	3
4	8	3	9	5	1	2	6	7
7	1	2	5	9	4	3	8	6
6	5	4	8	2	3	1	7	9
3	9	8	6	1	7	4	5	2
5	2	7	1	8	9	6	3	4
1	4	6	7	3	5	9	2	8
8	3	9	2	4	6	7	1	5

Kolan Community Options Groups—All Welcome

**PLEASE CONTACT KOLAN COMMUNITY OPTIONS TO BOOK 4130
4630**

Social Lunch Group

2nd Thursday of the month

Thursday 10 October 2024

Thursday 14 November 2024

RSVP is required

12 Midday at Highway Hotel

Lunch at own cost. Transport may be available upon enquiry.



October Ladies Group - Day Out in Bundaberg

Date: Thursday 24 October

Where: Morning Tea provided with Lunch at Baltimore's Restaurant (own cost)

Time: 8:30am

Cost: \$21.00

October Men's Group— Mystery Craters & Lake Monduran

Date: Thursday 31 October

Where: Mystery Craters Café, Lunch at Lake Monduran

Time: 9:00am

Cost: \$21.00—M/tea at own cost with Lunch provided.



November Joint Men's & Ladies Group

All welcome to attend

Date: Thursday 28 November

Where: Agnes Water, Lunch at Agnes Water Tavern

Time: 8:30am

Cost: \$21.00

Kolan Community Options Team

Community Care Coordinator: Lee-Anne Tober

Care Worker Admin: Lee Wenborn

Community Support Workers: Gayb McNally, Faren Munro

Community Care Trainee: Joshua Sheedy

October 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	2 GGN Technology Support, Pilates, JP KCO Bus	3 Lib-Lego Club Lib-Kids' Book Club	4 GGN JP, Learn to Draw W/Shop KCO Men's Group- postponed from Sept	5 Mental Health Week Market Stall	6
7 King's Birthday Holiday	8 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop Early Years Kolan Gardens Playgroup 0-5years.	9 GGN Technology Support, JP, Be Active, Be Alive-- Pilates KCO Bus Early Years Playgroup 0-5 years.	10 Lib-Lego Club KCO Luncheon Highway Hotel Early Years Let's Play Together 0-18months	11 GGN JP, Learn to Draw W/Shop Mad Hatters Tea Party	12 Be Active, Be Alive-- Pilates	13
14 Lib-Story Play GGN Tai Chi, Craft & Cards	15 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	16 GGN Technology Support, JP, Be Active, Be Alive-- Pilates KCO Bus	17 Lib-No Lego Club Seniors Expo	18 GGN JP, Learn to Draw W/Shop	19 Be Active, Be Alive-- Pilates	20
21 Lib-Story Play GGN Tai Chi, Craft-- Mosaic Mirrors & Cards	22 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	23 GGN Technology Support, JP Be Active, Be Alive-- Pilates KCO Bus Early Years Playgroup 0-5 years.	24 Lib-Lego Club KCO Ladies Group	25 Snappy & Toothy's Birth- day Celebration GGN JP, Learn to Draw W/Shop	26 Be Active, Be Alive-- Pilates	27
28 Lib-Story Play Lib-Book Club GGN Tai Chi, Craft & Cards	29 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	30 GGN Technology Support, JP NO PILATES KCO Bus	31 Lib-Lego Club KCO Men's Group			

November 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 GGN JP, Learn to Draw W/Shop	2	3
4 Lib—Story Play GGN Tai Chi, Craft— Terrarium & Cards	5 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	6 GGN Technology Support, JP NO PILATES Early Years Play- group 0–5 years. KCO Bus	7 Lib—Lego Club Lib—Kids' Book Club C & F—First Aid Workshop TBC	8 GGN JP, Learn to Draw W/Shop	9	10
11 Lib—Story Play GGN Tai Chi, Craft & Cards	12 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	13 GGN Technology Support, Pilates, JP KCO Bus	14 Lib—Lego Club KCO Luncheon Highway Hotel Early Years Let's Play Together 0-	15 GGN JP, Learn to Draw W/Shop	16	17
18 Lib—Story Play GGN Tai Chi, Craft— Needle Punch Tote Bag & Cards	19 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	20 GGN Technology Support, Pilates, JP KCO Bus Early Years Play- group 0–5 years.	21 Lib—Lego Club	22 GGN JP, Learn to Draw W/Shop	23	24
25 Lib—Story Play Lib—Book Club GGN Tai Chi, Craft & Cards	26 Lib - Chess Club GGN Technology Support, Cards, Adult Watercolour Workshop	27 GGN Technology Support, Pilates, JP KCO Bus	28 Lib—Lego Club Joint KCO Group	29 GGN JP, Learn to Draw W/Shop	30	