



Childers Neighbourhood Centre Community Care News

August—September 2024

Childers Neighbourhood Centre

BRRR hasn't it been cold? Hoping everyone has kept themselves warm and well these last few weeks. Flu season is upon us and Influenza and Whooping Cough is running wild, so make sure you go back to basics, wash your hands, keep a safe distance and if your not well stay home. In saying that we are excited about our last few activities including paint in the ark and Biggest morning tea, with so many people coming along and supporting these days, a big thank you. Our next big project is the Yarning project, which has the whole community crocheting and knitting to help us wrap some local trees to raise awareness for Daffodil Day on 22 August. It is so good to see such a great community effort. When the project is complete and material removed for the trees, will we be making blankets for our vulnerable community members. If you want more information, please just drop into the centre and have a chat.

Deb and the team

Thank you for the Donations!

We have been very fortunate here at the Neighbourhood Centre to receive donations for our different programs. We have received donations from; Woolworths for our Community Pantry, towards our Emergency Relief program—the Catholic Women's League for the wellness packs, Kape Centro for delicious meals and Stitch & Chat for butcher vouchers, Jan & Karen for their donation of cancer beanies, Sharon for their donation of sewing supplies, John M for a beautiful green gemmed necklace and Silver Crow Bath & Body for amazing, homemade soaps & balms for the Christmas Cent Sale, and all of the wonderful crocheted squares we have been donated for our Yarnboming event.

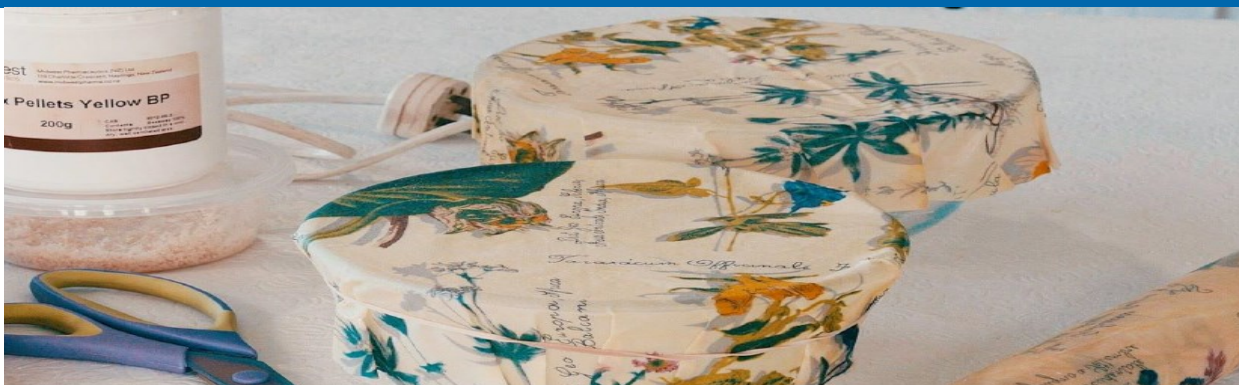


Branch Manager Community Services: Kirstin Harrison
Childers Neighbourhood Centre
Community Development Officer : Debra Murphy
Isis Community Care Coordinator : Anna Brumpton
Administration Support Officer: Kaitlyn Michie
Trainee Community Services: Zoe Grealy-Swanson
Child and Family Support Officers: Kim McDonald & Jodie Goodwin

Jointly funded by
Bundaberg
Regional Council
and the
Queensland
Government



Upcoming Events



Beeswax Wrap Workshop

When: Tuesday 20 August 2024
Where: Childers Neighbourhood Centre
Time: 9.30 am–12.00 pm
RSVP: 4130 4690
cnc@bundaberg.qld.gov.au



Come along and learn how to make your very own beeswax wraps with presenter Sue Sargent! Beeswax wraps are a natural, waste-free, plastic-free alternative to traditional disposable cling wrap products. Like honey, beeswax has been shown to have antimicrobial properties that help keeps things clean. Spots are limited so make sure you book in!



Yarnboming for Daffodil Day

When: Thursday 22 August 2024
Where: Outside Childers Neighbourhood Centre
Time: 9.30 am
RSVP: 4130 4690
cnc@bundaberg.qld.gov.au
Collection point: Childers Neighbourhood Centre

We want to show that hope lives here!
We are seeking knitted and crocheted squares or lengths to yarn bomb the area. You don't have to be an expert at it, as all contributions will be gratefully received. Please make squares at least 10cm by 10cm. Yellow is the colour of daffodils, but you can use any colour!

Isis Child and Family Support

Hello Families,

A big warm welcome to all the new families who have recently joined us. We are looking forward to getting to know you and your child/ren and we hope you are settling into your new surroundings comfortably.

We would also like to congratulate our newest members of the community, the babies who attended our Welcome Baby Ceremony. It was lovely to have a large turn out and to meet you all. We would love to see you all regularly at our weekly playgroups.


Childers Welcome Baby Celebration was held on Thursday 11 July at the Child and Family Building. Our local councillor, Bill Trevor attended, where he handed the babies their certificates and special gift packs. The children enjoyed playing alongside one another and the parents had a fantastic time chatting over a delicious snack of subway.

Welcome Baby Celebration



If you have any child related questions or are needing some support for you family, please reach out to Kim for a chat. Kim can be contacted on 4130 4690.

Prep Transitions



CORDALBA STATE SCHOOL
A small school achieving BIG things!

Pre-Prep Orientation Mornings

Pre-prep days are important for children to attend to support the transition into school life. This is a great opportunity to meet the classroom teacher, become familiar with the school and meet some new friends ready for next year. You are invited to join us on the following Friday mornings from 8:55-11:00 am.

Term 3 dates:
Fridays 9/8, 16/8, 23/8, 6/9, 13/9

Term 4 dates:
Fridays 4/10, 11/10, 18/10, 25/10

Each visit, you will need to bring:

- A hat, water bottle, fruit break snack (fruit or vegies that are quick and easy to eat) and spare clothes.

Please wear:

- Sun safe clothing and closed in shoes.

Parents are required to:

- Sign in and out each visit
- Stay for the first visit *only* to participate in the orientation with the classroom teacher
- If arriving early, stay with your child until the bell rings at 8:55am

Please note:

- Younger siblings are able to participate in playgroup weekly at this time
- Playgroup and Pre-prep students are welcome to stay for morning tea from 11:00-11:15am with parent supervision

We look forward to seeing you all there.
From Miss Clark and the Prep/ Year 1 class ©



Pre-Prep 2024
For children born 1 July 2019 - 30 June 2020

9am - 10.30am

Wednesday 14 August
Wednesday 28 August
Wednesday 23 October
Wednesday 6 November
Wednesday 20 November

Parents are welcome to stay for the sessions.

CONTACT US FOR MORE INFORMATION

4192 1333
admin@childersss.eq.edu.au



Where we come to grow!

Is your child born between July 2019 and June 2020? If so, Childers State School and Cordalba State School are holding open days. By attending these programs your child will be given the opportunity to familiarise themselves with the school and school setting, as well as meet other children preparing to attend in 2025. For more information contact your relevant school.

Upcoming Events



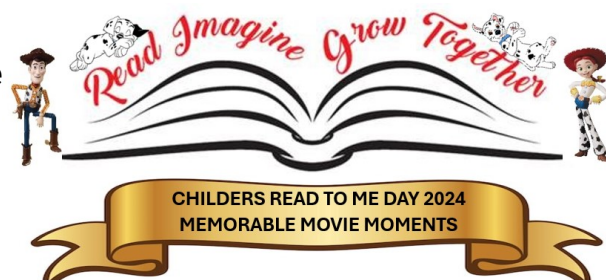
Harold's Big feelings.

Calling all Children aged 0 - 5
Harold is coming to town

Harold's Big Feelings is on Thursday 15 August at 9.30 am in our Child and Family Building. This session is aimed at children 3 and above however younger siblings are more than welcome to attend. There will be plenty of activities to keep them entertained. Spaces are limited, so phone the neighbourhood centre on 4130 4690 to book.

Wednesday 4 September 2024

Between 10 am and 1 pm the streets will be transformed into Memorable Movies with reading stations throughout. Bring the children along to take part in Childers biggest annual literacy event. Contact the centre on 4130 4690



Isis Community Care

Finally some cold days, bring out the scarves and woolly jumpers and Ugg boots. I hope everyone is remembering to use their heaters and stay warm. Those of you with independent electricity bills with Ergon Energy will hopefully soon see a bonus \$1000 credit on your bill under the 2024–25 Cost of Living Rebate.

A snippet from the QLD Government website:

“Queensland households will get \$1,000 off their electricity bills in 2024–25. The rebate will be automatically credited to eligible residential customer bills from 1 July 2024—there is no need to apply. Exact timing will depend on individual billing cycles.

Look for the ‘Queensland Government Cost of Living Rebate’ on your bill.

Vulnerable households

Seniors, pensioners and concession card holders could get even more through the Queensland Electricity Rebate. If you don't already receive the \$372 Queensland Electricity Rebate which is applied to bills on a quarterly basis, find out the requirements and if you are eligible.”

Attached is the Isis Community Care services pamphlet, which lists the services that are available to all Commonwealth Home Support Clients to access at any time. If you are finding tasks, appointments or accessing the community is becoming more difficult, or you would just like a friendly face to socialise with and assist you with tasks, we do have availability under social support individual and can help you access a referral from My Aged Care. If you are interested in knowing more about what this service can do for you please contact the Community Care Team at The Childers Neighbourhood Centre.

There are also many supports available at The Neighbourhood Centre for any member of the community that is in need of assistance or would like to participate in any of the workshops, craft/card groups, computer/phone support/lessons. Even if you are just wanting a space to have a break between shops and want to read the paper and have a cup of tea. All staff at the Neighbourhood Centre try hard to share the information you may seek and have become quite adept and researching what we don't know. We all work very hard to ensure everyone from all walks of life have a community space to access, relax and enjoy.



Isis Community Care

Isis Community Care Coordinator:

Anna-Louise Brumpton

Phone:

4130 4690

Jointly funded by Bundaberg Regional Council and the Commonwealth Government



Australian Government

Isis Community Care

Home & Community Care Services available include:

DOMESTIC ASSISTANCE

Domestic Assistance refers to assistance with domestic chores, including assistance with cleaning, dishwashing, clothes washing, shopping (unaccompanied) and bill paying. Domestic Assistance is normally provided in the home.

SOCIAL SUPPORT

INDIVIDUAL

This one on one service provides a care worker to assist a client with accessing community services and/or social contact. This service includes assistance with accompanied shopping, bill paying, attendance at appointments and other related services.

GROUP SOCIAL

This service provides an opportunity for clients to attend and participate in social interactions which are provided in or from our centre. Activities include group based programs that promote physical activity, cognitive stimulation and emotional wellbeing. We also offer group excursions to a variety of locations. This service includes light refreshments, transport and personal assistance as required.

TRANSPORT

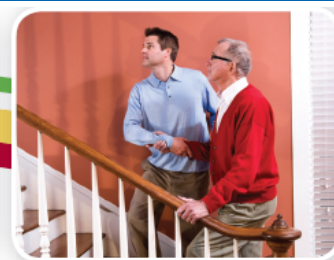
Transport is assistance provided so that the client may get out of their house and do chores, attend activities, appointments, shopping and participate in the community.

Isis Community Care offers transport locally Wednesday and Fridays. Tuesdays to Bundaberg and Thursday to Bundaberg via Woodgate Beach.

HOME MAINTENANCE

Home Maintenance refers to general care and repair of a client's house to ensure the garden or yard is kept in a safe and habitable condition.

Home maintenance with Isis Community Care covers garden maintenance, such as lawn mowing and the removal of rubbish.



PERSONAL CARE

This service provides assistance with self-care such as bathing, toileting, dressing, grooming, getting in and out of bed and moving around the home. This service is normally provided in the home but if this is not possible it may be delivered at our centre where we have fully disability accessible facilities.

COST

Small fees do apply for services however no one is excluded from services if they are financially disadvantaged. Payment of fees is a confidential arrangement between the client and the Co-ordinator.

IN HOME / FLEXIBLE RESPITE

In Home Respite gives carers a break from the caring role. A respite worker looks after the person needing care (even though the carer may still be present). It is provided to carers in order to give them relief from their caring role and allows the carer to enjoy other activities and interests.

CENTRE BASED DAY RESPITE

Centre Based Day Respite refers to participation in group activities designed to develop, maintain or support the capacity for independent living and social interaction.

We provide this service from the Childers Neighbourhood Centre purpose built dementia secure respite facility. Centre Based Day Respite also includes group excursion/activities conducted by centre-based staff but held away from the fixed centre.

We provide midday meal, morning and afternoon tea, trips away from the centre and associated transport along with personal assistance (eg help with toileting)

Pick up and drop off in modified vehicles is available.

Available Wednesday & Fridays 9.00am to 3.00pm.

Providing services to help you remain in your own home



Isis Community Care

Date Claimers

RU OK? Day

Come along to Millenium Park on Thursday 12 September from 11:30 am to raise awareness and learn about suicide prevention, and how to start those conversations. There will be games in the park, along with a BBQ to bring the community together.



CPR & First Aid

First Aid Response is holding a CRP & First Aid session on Wednesday 18 September for anyone that would like to get their First Aid & CPR certificates or needing to renew. You will need to bring along your USI, morning tea and lunch.

Contact: 1300 739 575
info@firstaidresponse.com.au



Seniors Month Activities

The month of October brings with it celebrations and recognition for our seniors and their ongoing contribution to our community, so help us celebrate by coming along to our Seniors Month activities!

Come along to our Seniors Morning Tea on Wednesday 16 October at the Isis Club to enjoy some delicious food and great company. You will also get the chance to meet other people in the community and have the chance to form great connections!



Have you ever wanted to learn to play Barefoot Bowls but not sure where to go or how to start? We will be holding a Barefoot Bowls session at the Isis Club on Friday 25 October so make sure to book in! We welcome everyone to join in the game from beginners to advanced players. Barefoot bowls can help to improve fitness, improve co-ordination, and is a whole lot of fun!

Science Session at the Showgrounds

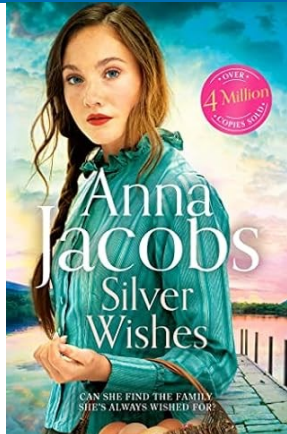
Have you got a little scientist in the making, or does your child like to experiment? There will be two science sessions at the Childers Showgrounds on Tuesday October 15. The first session starting at 9.30 am is sensory aimed at children under 3yrs and the second session is at 10.30 am which is a bit more hands on for the older kids

Get ready for Children's Week!

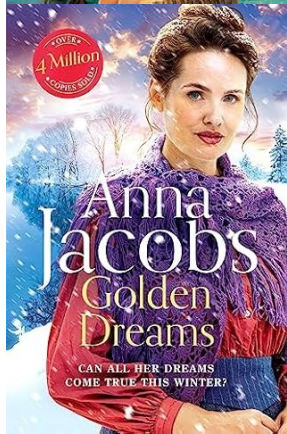
Children's week is from 19 October–27 October 2024, and we are celebrating big for our little people! There will be games at Millennium Park on Tuesday 21 October 9.30 am–11.30 am like mega Connect 4, mega Jenga and much more. Come along and bring the kids for a fun morning!

Please contact the Childers Neighbourhood Centre on 4130 4690 for more information or to book in for the fun activities! Keep up to date with the latest flyers and our shenanigans on our Childers neighbourhood Facebook page.

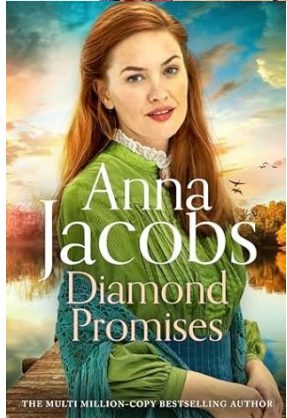
Childers Library



1. Silver Wishes—Lancashire, 1895. When her controlling stepfather suddenly dies, it seems that Elinor Pendleton finally has a chance of freedom. But her hopes are soon dashed when she learns that the thuggish Jason Stafford has inherited every penny and is determined to have Elinor too. Forced to flee with her beloved maid, Maude, Elinor finds shelter with Maude's distant cousin in the remote village of Ollerthwaite, on the shore of Jubilee Lake. But Walter Crossley has troubles of his own. Having lost his closest family in a tragic accident, he needs one of his grandsons to return from America to inherit his farm - and when practical, kind-hearted Cameron arrives, he appears to be the perfect heir.



2. Golden Dreams—Lancashire, 1895. Lillian Hesketh has taken a new name, and a brave step towards a happier life. Suddenly widowed after an unhappy marriage, and pursued by her unscrupulous in-laws, Lillian finds a fresh start in the beautiful Ollindale valley. Thanks to the kindness of her new neighbours, Walter Crossley and his family, she finally has a home to call her own - but the threat of discovery by her husband's family still casts a shadow over her new life. Meanwhile, Edward Ollerton has returned to the valley to rebuild his ancestral home. Hoping to one day to marry and start a family, Edward finds himself drawn to the shy, attractive widow - but not everyone is happy to see him reclaim his estate .



3. Diamond Promises—Lancashire, 1895. Lancashire, 1895. Abigail Dawson has lived in fear of her father for thirty years. But when, after uprooting them to a grand new home in Ollerthwaite, he's found murdered in the street, her life is turned upside down. Alone and caught in a web of her father's secrets, Abigail needs someone to rely on - so when hardworking handyman Rufus promises her a new life, she's thrilled at the chance to have a family of her own. But as they grow closer, could it be more than a marriage of convenience? Meanwhile, the rebuilding of the Ollerton estate is bringing new life to the valley - but old grudges, and new threats, are disturbing the peace. With plans for the Diamond Jubilee approaching, can the whole village band together to protect their home?

SAVE THE DATE! Storytime for Book week!

Date: Wednesday, 21 August 2024.

Time: Starting 9.30 am.

Venue: Childers Library

For further information, please contact

Childers Library on (07) 4130 4650

Come along and celebrate Book Week at the Childes Library by dressing as your favourite story book character.



Childers Art Gallery

Creation Station: A Retrospective

Childers
Visual Arts
Group

20 JUL - 28 OCT



If you are wanting to keep up to date with the Childers Art Space Activities, check out their quarterly booklet via the QR Code!



Image: Ian Glenwright, *Silence*, 2023, oil on canvas.

Discover a curated selection of unique products at the Gallery Shops, located at that Childers Arts Space! Go in and check it out!

Creation Station: A Retrospective Childers Visual Arts Group

20 July – 28 October 2024

Creation Station: A Retrospective celebrates the creative community that is the Childers Visual Arts Group. Started over 20 years ago in Alice McLaughlin's garden at Apple Tree Creek, this group encapsulates the true essence of artist collectives - creative learning, mentoring, camaraderie, and a passion for art.

In Creation Station: A Retrospective each artist was challenged to select artworks that reflect their creative journey, with the final selection being curated into a whole by Bundaberg Regional Galleries Director, Rebecca McDuff. The exhibition has been timed to coincide with the Childers Festival, a key event in the group's calendar, as they annually share their love of the arts with the community through 'Art in the Park'. In its entirety, this exhibition is a testament to the strength and diversity of the Childers Visual Arts Group, and more broadly the regional arts community.

Gallery Opening Times

Weekdays: 9:00 am to 4:00 pm

Weekends: 9:00 am to 3:00 pm

Contact Name: Childers Arts Space

Contact Number: (07) 4130 4876

Email: brgadmin@bundaberg.qld.gov.au

Website: artsbundaberg.com.au

Address: 72 Churchill Street, Childers



August Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 C&F Playgroup CC Social Support
5 NC Craft Group NC—Community Garden Meeting	6 C&F Playgroup NC—Decoupage Workshop	7 NC Card Group CC Social Support	8 C&F Let's Play together	9 C&F Playgroup CC Social Support
12 NC Craft Group	13 C&F Playgroup	14 NC Card Group CC Social Support	15 C&F—Healthy Harold	16 C&F Playgroup CC Social Support
19 NC Craft Group C&F Forestview Playgroup	20 C&F Playgroup NC—Decoupage Workshop NC—Beeswax Wrap Workshop	21 NC Card Group CC Social Support	22 C&F Let's Play together NC—Yarnbombing and Morning Tea for Daffodil Day	23 C&F Playgroup CC Social Support
26 NC Craft Group C&F Forest View Playgroup	27 C&F Playgroup	28 NC Card Group CC Social Support	29	30 C&F Playgroup CC Social Support

September Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 NC Craft Group	3	4 NC Card Group CC Social Support C&F Read To Me Day	6 C&F Let's Play together	6 C&F Playgroup CC Social Support
9 NC Craft Group	10 C&F Playgroup NC—Decoupage Workshop	11 NC Card Group CC Social Support	12 NC—R U OK? Day	13 C&F Playgroup CC Social Support
16—SCHOOL HOLIDAYS NC Craft Group C&F Babysitting Course	17 C&F Babysitting Course	18 NC Card Group CC Social Support C&F Babysitting Course	19 C&F Let's Play together	20 CC Social Support
23 NC Craft Group C&F Forestview Playgroup	24 NC—Decoupage Workshop	25 NC Card Group CC Social Support	26	27 CC Social Support
30 NC Craft Group				