



# Gin Gin Neighbourhood Centre Community Care Newsletter June—July 2024



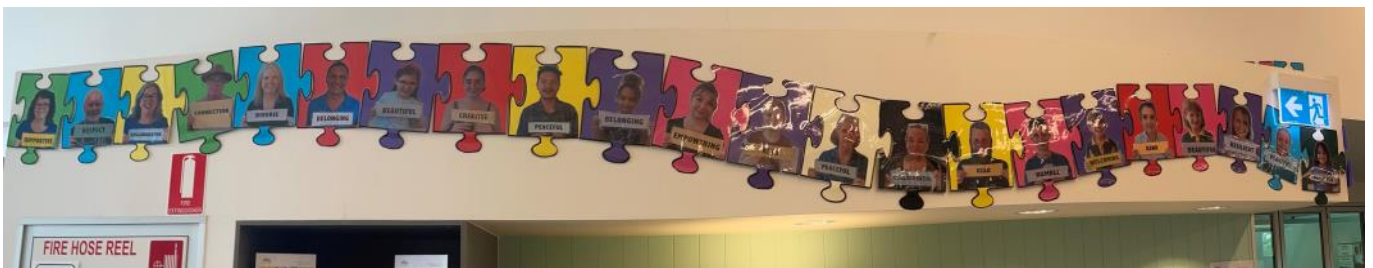
# Gin Gin Neighbourhood Centre

## Message from the Neighbourhood Centre Team:

The chill of winter has certainly made its presence known! If you find yourself braving the cold and in need of a warm beverage, make your way to the Hub. Here, you can savor a hot tea or coffee while browsing through our selection of books or discovering upcoming events.

As we cross the midpoint of the year, we can reflect on all that we've accomplished—and what is ahead of us on the horizon! In the last two months alone, we've held our annual 'Family Frolics' event and Domestic and Family BBQ. Our watercolour sessions and Craft n' Chat workshops continue to be favourites, particularly the serene Tuesday sessions reserved for adults. The latest Craft n' Chat Workshop schedule has been released, offering a glimpse into the workshops planned for the next two months—be sure to check out page 3 for a sneak peek!

Adding a vibrant touch to the hub, our diligent Gin Gin Neighbourhood Centre Trainee, Maya, has crafted the Community Jigsaw. This colourful masterpiece greets all who enter, brightening the space and our spirits.



## Staff in the Spotlight—Telaine



Hello! My name is Telaine Feeny, and I'm excited to join the team as the Support Officer for both Gin Gin and Childers. It's been a pleasure familiarizing myself with the community and our team, and I'm enthusiastic about devising strategies to foster unity within our community. On a lighter note, I start my day in the delightful company of my exotic chickens, sharing breakfast with them each morning.



**Branch Manager Community Services:**

**Neighbourhood Centre Community Development Officer:**

**Neighbourhood Centre Support Officers:**

**Neighbourhood Centre Relief Support Officer:**

**Community Connect Worker:**

**Child & Family Support Officers:**

**Community Services Trainee:**

Kirstin Harrison

Jen Campbell

Amber Larsen & Miranda Card

Telaine Feeny

Fiona McLean

Jodie Goodwin & Kim McDonald

Maya Sylvan

Funded by



# Free Social Programs, Projects and Events—New members welcome!



## Mel's Crafter in Residence Workshops—Craft & Chat

**Where:** Gin Gin Community Hub  
**Time:** 9am—11:30am  
**June 3**—Diamond Art    **June 17**—Fabric Painting  
**July 1**—Leaf Painting    **July 15**—Macrame  
**July 29**—Diamond Art Coasters



## Craft & Chat Group at Gin Gin Community Hub

**When:** Every Monday  
**Time:** 9—11.30am  
BYO projects or use some of the craft items available



## Balanced Bodies Pilates at Gin Gin Youth Activity Centre

**When:** Every Wednesday  
**Time:** 1.45—2.45pm  
**Contact:**  
BYO Mat, towel & water bottle



## Cards 'n All

**When:** Mondays 1—4pm  
Tuesday 8.30—11.30am  
**Where:** Gin Gin Community Hub  
Enjoy cards, scrabble or rummy.  
Mahjong coming soon!



## Tai Chi

**When:** Every Monday  
**Time:** 9.30—11.30am  
**Where:** Gin Gin Youth Activity Centre



## Sophie's Watercolour Workshops

**When:** Every Thursday—Adults & Children  
11.30am—1.30pm  
Every Tuesday—Adults Only  
10am—12.00pm  
**Where:** Gin Gin Neighbourhood Hub  
**Cost:** FREE All supplies provided

# What's Been Happening at the Hub

## Domestic & Family Violence BBQ

On May 7, we hosted our yearly Domestic and Family Violence BBQ. We extend our heartfelt gratitude to the dedicated services and staff who actively participated in this event. Additionally, a warm thank you to everyone who joined us, exchanged greetings, and enjoyed a delicious snag. Red Shoes were painted by members of the community to represent women who have lost their lives to Domestic and Family Violence. The purpose of this this event was to provide access to resources about the prevalence and prevention of Domestic and Family Violence. It was enlightening to learn from all those who attended on how domestic and family violence impacts our community.



**It's in our control to end coercive control**

[www.qld.gov.au/dfvpmth](http://www.qld.gov.au/dfvpmth)



## Family Frolics 2024

Family Frolics, organized by the Gin Gin Neighbourhood Centre and the Gin Gin Child and Family Program, took place on May 15th. The event aimed to advocate for and emphasize the significance of early childhood learning. It was run as part of National Families Week around the theme: 'Celebrating Family Diversity and Connection'. Family Frolics was held at Gin Gin State School with loads of activities for families to get involved in including playing with alpacas and cute farm animals, bouncing around at Funny Bunnies, Face Painting, healthy eating with Pick of the Crop, and a range of play and other services through Wild Gully Nature Play, Gin Gin Library, AEIOU, Walk with me 4 Autism, Phoenix House, and Southern Cross Day Care. Kids also got to play on the SES boat, in the ambulance and talk to the Tirroan Fire brigade. Thanks to everyone who participated on the day!



# What's Been Happening at the Hub

## Katie Turned 90



We don't celebrate our seniors enough! Katie turned 90 on 3rd May which is pretty fantastic - and the Prime Minister thinks so too. Happy 90th Katie! If you know someone else who is turning 90 or over, or has a wedding anniversary of 50 years or more, and you think they should be celebrated by the PM, give us a call on 07 4130 4630 or drop in to the Centre.



## Financial Counselling—Uniting Care



Jenny Daley from Uniting Care Financial Counselling came into the Hub for a community Meet & Greet. Jenny's visit to the Hub was to gauge what the community felt was needed in ways of financial counselling support. Be sure to keep in the loop when Jenny is back in the Neighbourhood Centre to meet her and have a chat.

### How can a Financial Counsellor help me??

Debt management, assistance in developing budgets and money plans, options to manage financial issues, help to access grants or concessions, assistance in negotiating with creditors, access to dispute resolution services, help to understand your rights and to access legal help.

## Sanitary & Toiletry Items

With the help of share the dignity, Pinchapoo and community donations we can assist people in need with toiletries and menstruation products free of charge here in the Gin Gin Neighbourhood Centre.

Please speak to our friendly counter staff if you need assistance, or grab what you need discreetly from the shelf to the left as you walk through the door.

Menstruation products are donated by Share the Dignity- an Australian charity dedicated to supporting women and individuals experiencing homelessness, escaping domestic violence, or facing challenging circumstances.

Toiletries donated by Pinchapoo- a not-for-profit supplier of personal hygiene essentials who work passionately to advocate access to hygiene products for both men and women.

# What's Been Happening at the Hub

## Craft n' Chat with Mel

Mel's Craft n' Chat workshops have taken the community by storm, offering an exciting array of fresh activities featured on our brand-new workshop calendar. This comprehensive calendar includes all the workshops scheduled for the remainder of the year. For those interested in the upcoming craft sessions in June and July, you can find the dates on page 2 or refer to the calendar at the back of this newsletter. Take a peek at some of the delightful activities we've been engaged in!



## Watercolour Workshops with Sophie

Sophie's weekly watercolour workshop has been a wellspring of creativity, nurturing the skills of long-term participants. We warmly welcome newcomers to join us and discover the essence of our sessions. Whether you're curious about the experience or eager to immerse yourself, feel free to step in! On Tuesdays, we cater to adults seeking quiet, social moments. Thursdays, on the other hand, exude a more upbeat vibe, making them perfect for little ones to explore painting or engage in clay creations."



# Community Notice Board

## Women's Fitness Classes

Enjoy basic fitness & flexibility with low impact classes, designed for mature women at the National Fitness Hall, cnr Mulgrave & Walker St, Gin Gin. New members welcome!

**CIRCUIT CLASS**      **Tuesdays** 9-10am  
**FITBALL CLASS**      **Thursdays** 9-10am

Cost: \$15 for Tues & Thurs classes attended in same week OR \$10 for single class (either Tues or Thurs)  
Membership: \$10 per year

All equipment supplied  
Bring towel, water bottle &



## Tuesday Social Tennis

8.30am—11.00am

Cost: **\$4.00**

Tea/coffee supplied

Bring racquet, water, hat, sunscreen & soft soled shoes

**All players welcome—Starts again in February 2024**

Phone **Julie** on 0409 689 922 or **David** on 4157 2198



## Gin Gin Gardening Group

"Friendship Through Gardening"

*New Members welcome*

Please contact **Pat Jackson** on 0409 902 500 or **Joy Foley-Jones** on 0408



## Gin Gin Men's Shed

provide support for local men through hands-on activities such as working with timber and metal work. It is also a place for friendship and talking about issues such as health.

**Open Wednesday & Friday 7am-11am**

**Open Saturdays 7am—3pm.**

## Gin Gin Ladies' Woodworking Guild Inc.

We can assist. Our Shed completes small projects for the community and can help you complete your projects. For more info, call Maree on 0414 593 633 or visit us at 4 Station Street on **Wednesdays** 9am—noon

## Gin Gin Soup Kitchen

Every **Wednesday** at 5:00pm

Located at the Gin Gin SDA Church  
88 Mulgrave Street, Gin Gin

## Gin Gin Queensland Country Womens' Association (QCWA)

This is the year to join the QCWA. We do hand crafts, cookery, social catchups, country kitchens, volunteering, bus trips and MORE!

Meet & Greet—Second Friday of each month.  
9:00am—9:30am at the Gin Gin Youth Hall, 6 Walker St, Gin Gin

Call/SMS **Michaela** on 0422 146 789 for more information

Would you like to feature your club or group in our newsletter or Gin Gin Neighbourhood Facebook page?  
Contact our staff on 4130 4630 or email: [ggnc@bundaberg.qld.gov.au](mailto:ggnc@bundaberg.qld.gov.au)



# Child and Family Support

Hello again everybody and welcome to yet another newsletter. Firstly, I'd like to say a huge thank you to the schools, teachers, volunteers and everyone else who supported our recent Family Frolics event. It was a fantastic day with a lot of fun had by all. I would also like to say a big congratulations to all the parents who have recently welcomed new additions to their family and the ones who are yet to arrive. I hope you are all settling into your new routines well and I look forward to having you all be a part of our Playgroups. The Gin Gin Welcome Baby Ceremony is on July 3 so be sure to register your child and have them recognised as our newest members of the community.

KiSS (Kids in Safe Seats) will be visiting on June 5 for families to access a *free* car seat inspection on their vehicle. Transporting children safely is paramount so ensuring the car seat is properly secured gives peace of mind and added safety for your child. Please be sure to book using the link on the flyer or give the Gin Gin Neighbourhood Hub a call.

## Wallaville Playgroups

Wallaville Playgroups have been a flurry of activity. They have been getting creative and using their imaginations to explore different art activities, or doing something a little more relaxing and reading a story. Children and parents have enjoyed participating and engaging in the experiences.



Gin Gin Child and Family Support facilitates Early Years playgroups each fortnight on a Wednesday (during school terms), from 9.30 am – 11.30 am at the Gin Gin Community Hub. Families with children 0–5 years are welcome to attend and morning tea is provided. Please bring a water bottle and spare clothes for messy play.

# Child and Family Support

## Early Years Playgroups

Playgroups have been very engaging for children recently with lots of exploring and role play. Children have enjoyed making train tracks, singing, dancing, building and much much more. At the beginning of the year we altered slightly our regular

Playgroup routine to include more songs and group engagement. The introduction of the songs has become a successful experience for the children who are excited to be able to sing and dance along to a variety of familiar action songs.



## Let's Play Together Playgroup



Child and Family Support offer a birth to 18 months Playgroup for families wanting to engage in a quieter space with their children while they introduce them to Playgroup. This is held on the second Thursday of each month.

## Community jigsaw



Community members are invited to help complete the community jigsaw puzzles in the library.

## Lego Club

This is a chance to get together with old friends, meet new friends and create!

All Lego is provided.

**Date:** every Thursday

**Time:** 9.30–11.30am

For all ages



## Be Connected



All library members have access to hundreds of free short courses to build your digital skills, confidence and safety online. Explore the topics on our website: <https://www.artsbundaberg.com.au/libraries/online-learning>



Australian Government

**Be Connected**

Every Australian online.

## New Library Assistant

Next time you are in the Library come and meet our new Library Assistant, Szilvia, who is always ready to help you with a smile.



## The Reading Hunt

**The Reading Hunt** is a fun way of increasing early literacy skills in children aged 0 – 5 years by talking, reading, singing and playing. And kids of all ages are loving it. There are nine locations in Gin Gin where families can discover six little signs to enjoy simple activities in our local parks, attractions and, of course, the library! Pick up a map at Gin Gin Community Hub or online at [artsbundaberg.com.au/libraries/reading-hunt-map](https://www.artsbundaberg.com.au/libraries/reading-hunt-map)



**Book in for events:** Library counter or Phone 4130 4620 or Eventbrite

Gin Gin Library Coordinator: Sharon Millett

Library Assistant: Szilvia Aranyi

Library Volunteer: Jordan Levin



BUNDABERG  
REGIONAL COUNCIL



## School holiday activities



**Deano Yipadee performance** 2pm Mon 24 June  
All ages\*

**Lego Club** 9.30am Thurs 27 June All ages

**Pop-up story play with a live alpaca!** @ Kolan  
Community Park 10am Mon 1 July All ages\*

**VR & Gaming** 10am Tues 2 July 12 yrs +\*

**Lego Club** 9.30am Thurs 4 July All ages

**Glow in the dark fire fly** 10am Fri 5 July 5yrs +\*

\*Booking required

All activities are free

## Book Club

**Date:** Last Monday of month

**Time:** 12.30pm

We read the same book and then discuss it, expanding our reading experiences.

The book we'll be reading in June is *The Fossil Hunter* by Tea Cooper. If you would like to be a part of the Book Club come and pick up the book and attend the discussion on 24 June.

Did you know library members can form their own book club and borrow the book club sets from the library? If you want more



## Story Play



**Date:** Mondays (excluding public & school holidays)

**Time:** 9.30am

Visit the library for stories, rhymes, songs and plenty of fun! Story Play is designed for children aged 0 - 5 years and their guardians.

## Kids' Book Club

**Date:** 1st Thursday of month (excluding public and school holidays) **Time:** 3.15 - 4.15pm

Get together with other book lovers, share your book experiences and do fun activities!



## Library closures for staff training

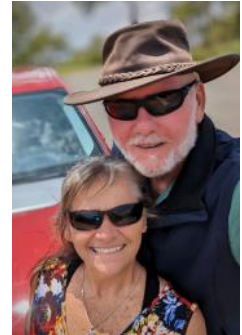
Bundaberg, Childers and Woodgate Libraries will be closed on Tuesday 11 June to enable staff to attend professional development training. Gin Gin Library will remain open for basic library services.

# Kolan Community Options

## A message from the Community Care Team

With the temperatures dropping, we trust that all our cherished clients have dusted off their winter garments and are keeping cosy. Please take a moment to review the updated schedule and venues on the following page for the Ladies and Men's excursions, as well as the Social Lunch Group gatherings at the Highway Hotel, held every second Thursday of the month. If you are interested in joining us on one of our social outings remember to reserve your spot. To book or if you have any queries, feel free to reach us at 4130 4630 or drop into the Hub and ask for either Lee or Lee-Anne!

We are excited to announce we have a new Kolan Community Options Volunteer, her name is Teresa. You may see Teresa out and about in the community transporting KCO Clients and around the Hub doing odd jobs. When Teresa is in, Brian her husband will most likely be also at the Hub. If you need a some technology help, whether it is a phone or a computer, please make an appointment with Brian to see if he can help!



## Advance Care Planning Australia

BE OPEN | BE READY | BE HEARD

### What is advance care planning?

Advance care planning involves shared planning for your future health care needs. It is a voluntary and ongoing process. It enables you to make some decisions now about the health care you would or would not like to receive if you were unable to communicate your preferences or make treatment decisions.

Everyone should consider advance care planning, regardless of their age or health. Advance care planning gives you the chance to:

- ◆ Talk to your family, friends and doctors about how you would like to be cared for in the future.
- ◆ Write down your own preferences for care and medical treatments.
- ◆ Choose who you would like to make medical treatment and care decisions for you.

### Benefits for you and the people close to you

Advance care planning:

- ◆ Helps to ensure your wishes and preferences about health care are known and respected if you are too unwell to speak for yourself.
- ◆ Assists those who are close to you. Families of those who have done advance care planning have less anxiety and stress when asked to make important health care decisions for other people.

Writing your wishes and preferences down allows you to say what you would want. This can give peace of mind to you and comfort to others as wishes and preferences are clear, understood and more readily respected.

### Recording your choices

In Queensland there are three ways you can record your choices for future health care:

1. Complete an Enduring Power of Attorney
2. Complete an Advance Health Directive
3. Complete a Statement of Choices

Completing these documents is the best way to make sure your preferences known about the type of treatment you would prefer if you are unable to participate in decisions, and to ensure that family and health professionals respect your preferences.

### Where can I get more information?

Advance Care Planning Australia™

 [advancecareplanning.org.au](http://advancecareplanning.org.au)

 National Advance Care Planning Support Service™ :  
1300 208 582

# Kolan Community Options Groups—All Welcome

## Social Lunch Group

2nd Thursday of the month

Thursday 13 June 2024

Thursday 11 July 2024

12 Midday at Highway Hotel

Lunch at own cost. Transport may be available upon enquiry



## Men's Group

June

**Date:** 28 June 2024

**Where:** Bundy Bowl, Lunch Provided.

**Time:** 9:30am

July

**Date:** 26 July 2024—Joint Group with Ladies

**Where:** Reading Cinema—Lunch Provided

**Time:** 9:30am



## Ladies Group

June

**Date:** 21 June 2024

**Where:** Op Shops, Discount Choice, Melbourne Hotel

**Time:** 8:30am

July

**Date:** 26 July 2024—Joint Group with Men

**Where:** Reading Cinema—Lunch Provided

**Time:** 9:30am



## Kolan Community Options Team

**Community Care Coordinator:** Lee-Anne Tober

**Care Services Lead:** Alayna Banks

**Care Worker Admin:** Lee Wenborn

**Community Support Workers:** Gayb McNally, Shayla Pounds, Faren Munro

**Community Care Trainee:** Joshua Sheedy



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## Men's Health Week BBQ- 11 June 2024

In collaboration with Brave Brothers Bundaberg



Join the Gin Gin Neighbourhood Centre and Brave Brothers Bundaberg for a Men's Health Week BBQ.

This will be a great opportunity for the men of our community to come together for casual chats about issues relating to their physical and mental health over a light BBQ lunch.

Brave Brothers will be facilitating the event, offering up to date information, guidance and mentorship relating to issues concerning men.



<b>DATE</b>	Tuesday 11 June, 2024
<b>TIME</b>	10: 00am- 1:00pm
<b>VENUE</b>	Mulgrave Street Park (opposite Bendigo Bank & Chemist)
<b>COST</b>	FREE
<b>CONTACT</b>	4130 4630 or ggnc@bundaberg.qld.gov.au

Gin Gin Neighbourhood Centre | 4 Dear St, Gin Gin | P. 4130 4630 | ggnc@bundaberg.qld.gov.au

1300 883 699

[bundaberg.qld.gov.au](http://bundaberg.qld.gov.au)

# June 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 GGN Tai Chi, Craft & Cards Lib Story Play	4 GGN Technology Support, Cards, Adult Watercolour Workshop	5 GGN Technology Support, Pilates, JP KCO Bus C & F Early Years Play- group Kids in Safe Seats In- spections	6 GGN Watercolour Workshop Lib Lego Club Lib Kids' Book Club	7 GGN JP	8	9
10 GGN Tai Chi, Craft & Cards Lib Story Play	11 GGN Technology Support, Cards, Adult Watercolour Workshop C & F Wallaville Playgroup Mens Health BBQ	12 GGN Technology Support, Pilates, JP KCO Bus	13 GGN Watercolour Workshop Lib Lego Club C & F Let's Play Together KCO Luncheon Highway Hotel	14 GGN JP	15	16
17 GGN Tai Chi, Craft & Cards Lib Story Play	18 GGN Technology Support, Cards, Adult Watercolour Workshop	19 GGN Technology Support, Pilates, JP KCO Bus C & F Early Years Play- group	20 GGN Watercolour Workshop Lib Lego Club	21 GGN JP KCO Ladies Group	22	23
24 GGN Tai Chi, Craft & Cards Lib Deano Yipadee per- formance Lib Book Club	25 GGN Technology Support, Cards, Adult Watercolour Workshop	26 GGN Technology Support, Pilates, JP KCO Bus	27 GGN Watercolour Workshop Lib Lego Club	28 GGN JP KCO Men's Group	29	30



# July 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 GGN Tai Chi, Craft & Cards Lib Pop Up Story Play with Alpaca in park	2 GGN Technology Support, Cards, Adult Watercolour Workshop Lib VR & gaming	3 GGN Technology Support, Pilates, JP KCO Bus Welcome Baby Ceremony	4 GGN Watercolour Workshop Lib Lego Club	5 GGN JP Lib Glow in the dark fire fly	6	7
8 GGN Tai Chi, Craft & Cards Lib Story Play	9 GGN Technology Support, Cards, Adult Watercolour Workshop	10 GGN Technology Support, Pilates, JP KCO Bus	11 GGN Watercolour Workshop Lib Lego Club C & F Let's Play Together Playgroup KCO Luncheon Highway Hotel	12 GGN JP	13	14
15 GGN Tai Chi, Craft & Cards Lib Story Play	16 GGN Technology Support, Cards, Adult Watercolour Workshop	17 GGN Technology Support, Pilates, JP KCO Bus C & F Early Years Playgroup	18 GGN Watercolour Workshop Lib Lego Club	19 GGN JP	20	21
22 GGN Tai Chi, Craft & Cards Lib Story Play	23 GGN Technology Support, Cards, Adult Watercolour Workshop	24 GGN Technology Support, Pilates, JP KCO Bus	25 GGN Watercolour Workshop Lib Lego Club	26 GGN JP KCO Joint Group With Ladies & Men	27	28
29 GGN Tai Chi, Craft & Cards Lib Story Play Lib Book Club	30 GGN Technology Support, Cards, Adult Watercolour Workshop	31 GGN Technology Support, Pilates, JP KCO Bus C & F Early Years Playgroup				